Sponsored by the CAU RECREATION DEPARTMENT

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Get Involved In Your Community



CAU Mission Statement

To provide community access through effective and comprehensive support services for people with disabilities, at-risk youth and people with affordable housing needs, giving them the opportunity to live independently and to lead normal and productive lives as citizens integrated into the community.

BIRTHDAYS!

Virginia Jeffer James Maccia Christian Pisano Geraldine Fair Sheri Cheskin Modero Megan Richard Worschak Elizabeth Furler Joelle Diamond Ramos Matthew Allan Berlin Courtney Cichewicz Maureen Marziale Valdine LaRose Lyman Thompson Midread Lampley Vincent Marrero Giase Courtney Robert Hartman Mitchell Jacobs Berta Ramirez Donald Trainor Eugene Miller Rubin Gary Curtis Wilson Shatisha Thomas Amy Linder Joseph Sama Matthew Katz Sunnah **Bilal-Shakir** Werner Theresa Daniel Jordan Kenneth Borre Dante Garrubbo Mary Jane French Joseph Stokes QSI Test QSI Test Gibson Calvin Linda Marchand

06/01 06/01 06/02 06/02 06/02 06/03 06/04 06/04 06/05 06/05 06/06 06/07 06/07 06/07 06/08 06/08 06/09 06/12 06/14 06/15 06/15 06/15 06/15 06/16 06/17 06/18 06/19 06/19 06/19 06/20 06/21 06/22 06/24 06/24 06/24 06/25 06/26 06/26

06/26

06/27

Denise Helena Alanna Chana Lara Leo Steven Raul Alan Shawanda Thomas Ronald Richard Karen Matthew Eric James Franklin Kelly Rosemary Anthony Derrick Laura Richard Christopher Brian Saul Denise Gabianny Joyce Sandra Melody Zackery Dorothy

06/27 **McArthur** Swan 06/28 Walker 06/29 Paloff 06/29 06/30 Ferreira Mezzina 05/01 05/03 Douches 05/03 Cruz 05/05 Conroy Neal 05/06 Ferro 05/06 05/07 Machuta 05/08 Attor Karpinski 05/08 Cohen 05/10 Goldfarb 05/12 Emann 05/12 Lagonegro 05/12 05/14 Schoberl Miliano 05/15 Cotton 05/16 Martz 05/17 Williams 05/17 Sanders 05/17 Davis 05/18 Baker 05/18 Brownstein 05/21 Gatsche 05/22 Valerio 05/22 Sigue 05/23 05/27 Matias Lucas 05/29 Haughabrook 05/30 LeCompte 05/31



MEMBER'S SPOTLIGHT Mary Behory



Mary is our featured Member for May & June! She love coming to BINGO with her good friend Mary Sanares...so it's really MARY x2!!!! She is always smiling, lifts everyone's spirit, and always has a kind word for all. Mary also like to attend special recreation events that we hold here at CAU. Thank you MARY for all your support! You are a wonderful Member!!!!

WHY IS RECREATION SO IMPORTANT?





- EXERCISE Studies have shown that regular exercise can help prevent diseases, control your weight, increase strength, improve stamina, help you sleep better, and just make you feel better in general
- **RELAXATION-** Calm your mind, and you'll lower your blood pressure
- GROUP PARTICIPATION Participating in any kind of group activity a class, theatrical production, community league sport, or pick-up game, has all kinds of benefits. Group activities help you build your social skills and social networks.



Game Night & Dinner

Date: Tuesday, May 15th

Time: 6:00 PM - 8:00 PM

Location: 80 West Grand St. Elizabeth, NJ

Cost: \$25—Single CAU Member \$30—CAU Member with Direct Care Supervision \$30—Single Community Member

Try out our new GIANT Connect Four, GIANT Jenga, NOK Hockey and SHUFFLE BOARD!!!

Access + Ability Expo

Date: Sunday, June 3rd

Time: 12-3pm

Location: New York, NY

Cost: \$25

There has been a surge of design with and by people with a wide range of physical, cognitive, and sensory abilities. Fueled by advances in research, technology, and fabrication, this proliferation of functional, life-enhancing products is creating unprecedented access in homes, schools, workplaces, and the world at large. *Access+Ability* features over 70 innovative designs developed in the last decade.

Helping Hands

Date: Tuesday, May 1st and June 5th Time: 6:00 PM - 8:00 PM Location: 80 West Grand St. Elizabeth, NJ

Cost: First Meeting is Free; \$2 per person after first meeting

Helping Hands is one of the oldest and strongest self-advocacy groups in the state of New Jersey. Advocates are involved in legislative updates, letter writing campaigns, accessibility and voting campaigns, "Meet the Candidates" events, attending local, state and national conferences, and conducing professional workshops. Meetings are held monthly and are open to all people with disabilities.







Top Golf w / Dinner

Date: Thurs., May 17th & June 7th Time: 6:00 PM - 8:00 PM Location: 1013 U.S. RT 1 Edison, NJ *Please Arrive to CAU by 5:30pm Cost: \$60—Single CAU Member \$65—CAU Member with Direct Care Supervision \$65—Single Community Member

Top golf is the premier entertainment for golf games for all skill levels, upscale food and drinks and great music.

Bingo & Dinner

Date: May 21st, June 1st, & June 26th Time: 6:00 PM - 8:00pm PM Location: 80 West Grand St. Elizabeth, NJ *All members must arrive CAU Main Office at 5:30 PM Cost: \$20—Single CAU Member \$25—CAU Member with Direct Care Supervision/Single Community Member

WIN BIG! GIFT CARDS AS PRIZES!!!!!

\$25—Single Community Member

Monster Mini Golf

Date: Thursday, May 31st Time: 6-8pm Location: 775 U.S. 1, Edison, NJ *Please Arrive to CAU by 5:30pm

Cost: \$25—Single CAU Member \$30—CAU Member with Direct Care Supervision \$30—Single Community Member



We will have a private room, pizza and drink, and \$5 arcade card... ALL INCLUDED!!! Don't miss this!!



Field Station Dinosaur

Date: Sunday, June 10th Time: 12-3pm Location: Leonia, NJ Cost: \$30



The Field Station is an outdoor exhibition with 32 life-size animatronic dinosaurs. We are a walking park with games, workshops and entertainment along the way. Guests will be given a trail map with a schedule of daily activities to plan their selfguided expedition This park is fully ADA Accessible. Admission will include 3D Movie!!!

Bowling Night at Jersey Lanes

Date: Tuesday, May 8th & June 19th Time: 6:00 PM - 8:00 PM Location: Jersey Lanes—Linden, NJ or other Open location *Pick Up is at the CAU Main Office promptly at 5:30 PM

Cost: \$35—Single CAU Member \$40—CAU Member with Direct Care Supervision \$40—Single Community Member



Evening will include 2 hours of bowling time, shoe rental and treat from snack bar!!!

Special Needs Carnival Date: Saturday, June 9th Time: 12-3pm Location: Oak Ridge Park- Clark, NJ Cost: Complimentary Admission (Free!)



Rainforest Cafe

Date: Wednesday, June 6th Time: 6-8pm PM Location: Menlo Park Mall—Edison, NJ *Please arrive to CAU by 5:30 pm Cost: \$45

Try out this amazing dining experience in an actual RAINFOREST!!! This is SOOOO fun!

Bubble Trouble Show



Date: Sunday, May 6th Time: 2-4pm Location: Rahway Performing Arts Center Cost: \$15—Single CAU Member \$20—CAU Member with Direct Care Supervision

\$20—Single Community Member



Don't miss this SENSORY FRIENDLY performance of Jeff Boyer's Bubble Trouble! You won't believe your EYES!!!

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Patriots Baseball Game

Date: Thursday, May 10thTime: 6:30pm-9pmLocation: 1 Patriots Park, Bridgewater, NJ 08807



Cost: \$20—Single CAU Member \$25—CAU Member with Direct Care Supervision \$25—Single Community Member



on Private Suite

Extra special thanks to TD BANK for their generosity toward our Members!



NING STARS NETWORK'S

7TH ANNUAL TALENT SHOW

Starring the Special Needs Community of Union County Friday, May 4th, 2018 7:00 pm Union County Performing Arts Center

To order tickets, go to www. ucpac.org/events



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For more info, visit: www.shiningstarsnetwork.org or email: shiningstarsnetwork@gmail.com

> CSmith Design Studio, LLC isdavis5©verizon.net

Medieval Times

Date: Friday, May 18th Time: 6:00 PM - 9:00 PM Location: 149 Polito Ave. Lyndhurst, NJ *All members must arrive CAU Main Office at 5:30 PM

Cost: \$65—Single CAU Member \$75—CAU Member with Direct Care Supervision \$75—Single Community Member





Includes 1 ticket with a meal

Karaoke Night

Date: Tuesday, May 22nd & June 12th Time: 6:00 PM - 8:00 PM Location: 80 West Grand St, Elizabeth, NJ *All Members must arrive CAU Main Office at 5:30 PM

Cost: \$15—Single CAU Member \$18—CAU Member with Direct Care Supervision \$18—Single Community Member



Enjoy jamming to the greatest hits from the past and present! Served with Dinner!

Dave and Busters

Date: Thursday, May 24th & Mon., June 18th Time: Sat. 12-3pm and Tuesday 6-8pm Location: Woodbridge, NJ *All participants must meet at the CAU Main Office promptly At 5:30pm Cost: \$45—Single CAU Member \$49—CAU Member with Direct Care Supervision

\$49—Single Community Member



Includes dinner, and a bonus game card! Come check out the amazing food and unforgettable games!!! You will LOVE THIS ONE!!!!

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The CAU COMMUNITY PLAYERS Proudly Present

The CAU Community Players was established in 2011 by Community Access Unlimited as an opportunity for its members to collaborate with the community to create an incredibly unique and inspiring theatrical experience!

Fri, June 29 7:30 PM Sat, June 30 7:30 PM Sun, July 1 2:00 PM

Location:

The Performing Arts Center at Rahway High School 1012 Madison Avenue, Rahway, NJ 07065

Tickets: \$12.00 - Call for Group Pricing! To purchase tickets online, visit our website: www.caunj.org

Please contact Cara Clair with questions cclair@caunj.org or 908-354-3040 x4376 Thank you to our supporters!

Community Access



TD Bank Financial Literacy Class

Date: Monday, May 7th Time: 12-2pm Location: CAU ACE Program Campus Cranford, NJ

Cost: Complimentary (Free!)

Come learn some new MONEY skills on our Cranford Campus! Complimentary lunch will be served promptly at Noon!

**Special thanks to TD BANK for their support of our Members!

Community Access





Media Sponsor



Don't Miss the Sensory Friendly Event of the Century!

Custom Education Foundation is proud to announce the first annual Autism Day event will be held at Six Flags Great Adventure in Jackson, New Jersey. This event is being put together by Custom Education Foundation, a non-profit dedicated to changing the lives of individuals with autism. Custom Education Foundation and their partners will transform the park into a sensory-friendly environment where individuals on the autism spectrum, their educators, friends, and families can enjoy the day together free of worry.

> Purchase your tickets to this ground-breaking event today! Visit customeducationfoundation.org/sixflags or email events@customedfoundation.org

SAVE THE DATE MAY 3RD, 2018



DECOMPRESSION AREAS LIC



AUTISM

RESOURCES



SPECIAL PRESENTATIONS



GERSH ACADEMY TRAINED STAFF

Proudly Sponsored By:



For event information, tickets, sponsorships and more, visit: www.customeducationfoundation.org/sixflags

FEAST WITH FRIENDS MAY DINING EVENTS

EVENT COST:

Red Lobster

Applebees

Geesecake Factory

- Single CAU Member—\$45
- CAU Member with Direct Care Supervision—\$49
- Single Community Member—\$49

FOR ALL DINING EVENTS:

- There are 12 spots available per event
- Members must meet at the CAU Main Office promptly 40 mins before to drive over to the restaurant.

2520 Rte 22,

Union, NJ

Ruby Tuesday

FRiDA

6-8pm

Red Lobster

Restaurant	Date	Time	Location
TGI Friday's	Friday, May 11th & May 25th	6-8pm	400 South Park Ave, Linden, NJ
Cheesecake Factory	Wednesday, May 9th	6-8pm	Menlo Mall, Edison, NJ
Outback Steakhouse	Wednesday, May 16th	6-8pm	Springfield, NJ
Olive Garden	Wednesday, May 2nd	6-8pm	Springfield, NJ
ІНОР	Sunday, May 13th	12-3pm	465 North Broad St. Elizabeth,NJ
777	₹ ⁷] 7	7)7	***
Benihana	Monday, May 14th	6-8pm	Short Hills, NJ
All You Can Eat	Monday, May 29th	6-8pm	Linden, NJ

Wednesday,

Hard Rock

May 23rd

chilis

FEAST WITH FRIENDS JUNE DINING EVENTS

EVENT COST:

- Single CAU Member—\$45
- CAU Member with
 Direct Care Supervision—\$49
- Single Community Member—\$49

FOR ALL DINING EVENTS:

• There are 12 spots available per event

Red Lobster

 Members must meet at the CAU Main Office promptly 40 mins before to drive over to the restaurant

Restaurant	Date	Time	Location
Rainforest Café	Wednesday, June 6th	6-8pm	Menlo Mall, Edison, NJ
TGI Friday's	Friday, June 8th & June 15	6-8pm	400 South Park Ave, Linden, NJ
IHOP	Sunday, June 24th	12-3pm	465 North Broad St. Elizabeth
Benihana	Monday, June 11th	6-8pm	Short Hills, NJ
All You Can Eat	Wed—June 20th	6-8pm	Linden, NJ





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tory

chilis

Hard Ro

		May Rec	reation	Calenda	r	
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1) Helping Hands	2) Olive Garden Italian kiteren	3) Six Flags GREAT ADVENTURE & SATARI	4)	5)
6) Bubble Show		8) ************************************	9) Geesecake Factory.	10)	11) P FRIDAYS	12)
13)	14)	15) Game Night	16) OUTBACK STEAKHOUSE®	17) TOP GOLF	18) Medieval Times	19)
20)	21)	22) KARAOKE	23) RED LOBSTER FRESH FILM-LUVE LOBSTER	24)	25) P FRIDAYS	26) MEMORIAL
27)		29) All You Can Eat Buffet I'i	30) Family Connections	31) Monster Golf		

June Recreation Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1) BLNGO	2)
3) Access + Ability Expo COOPER HEWIT	4) Movie Night	5) Helping Hands	6) Reinferest Caje	7) Top Golf	⁸⁾ ₽ FRIDAYS	9)
10)	11) BENIHANA	12)	13) Olive Garden ITALIAN KITCHEN	14) NO REC	15) FRIDAYS	16)
17)	18) () () () () () () () () () () () () ()	19)	20) All You Can Eat Buffet	21) NO REC	22)	23)
24)	25) Tech Week for Annie Jr!	26)	27) RED LOBSTER FRESH FISH-LIVE LOBSTER	28) Tech Week Continues	29)	30)

MAY 2018 RECREATION SIGN-UP WORKSHEET

Please return this form with payment to: Community Access Unlimited 80 West Grand St., Elizabeth, NJ 07202

Date	Event/Class	Time	Single Member Cost	Cost with Direct Care	Community Member Cost	Tota
5/1	Helping Hands	6-8pm	\$2.00	\$2.00	\$2.00	
5/2	Olive Garden	6-8pm	\$45.00	\$49.00	\$49.00	
5/3	Six Flags Autism Day	11-4pm	\$45.00	\$49.00	\$49.00	
5/4	Shining Stars	7-9pm	\$15.00	\$15.00	\$15.00	
5/5	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
5/6	Bubble Trouble Show	2-4pm	\$10.00	\$15.00	\$15.00	
5/7 5/8	TD Financial Literacy Class Bowling Night	12-2pm 6-8pm	Complimentary \$35.00	Complimentary \$40.00	Complimentary \$40.00	
5/9	Cheesecake Factory	6-8pm	\$45.00	\$49.00	\$49.00	
5/10	Patriots Baseball Suite	6-9pm	\$20.00	\$25.00	\$25.00	
5/11	TGI Friday's	6-8pm	\$45.00	\$49.00	\$49.00	
5/12	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
5/12	– –	11-1pm 12-3pm	\$45.00	\$49.00	\$49.00	
5/15	iHop Benihana	6-8pm	\$45.00	\$49.00	\$49.00	
		•		-		
5/15	Game Night	6-8pm	\$25.00	\$30.00	\$30.00	
5/16 5/17	Outback Steakhouse Top Golf	6-8pm 6-8pm	\$45.00 \$60.00	\$49.00 \$65.00	\$49.00 \$65.00	
5/18	Medieval Times	6-9pm	\$65.00	\$75.00	\$75.00	
5/19	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
5/20	Movie Matinee	12-3pm	\$40.00	\$42.00	\$42.00	
5/21	Bingo and Dinner	6-8pm	\$20.00	\$25.00	\$25.00	
5/22	Karaoke Night	6-8pm	\$15.00	\$18.00	\$18.00	
5/23	Red Lobster	6-8pm	\$45.00	\$49.00	\$49.00	
5/24	Dave and Busters	6-8pm	\$45.00	\$49.00	\$49.00	
5/25	TGI Friday's	6-8pm	\$45.00	\$49.00	\$49.00	
5/29	All you can Eat Buffet	6-8pm	\$45.00	\$49.00	\$49.00	
5/30 5/31	Family Connections Monster Mini Golf	6-9pm 6-8pm	Complimentary \$25.00	Complimentary \$30.00	Complimentary \$30.00	
				day's Date: U Program:		
				o Fiograili	Accessibilit	yr:
	te/Zip: lumber:					
	t Details (check one):			oney Order 🗆 🕻	 Cash	
-	make checks and Money Orders to Co					ass Pag

JUNE 2018 RECREATION SIGN-UP WORKSHEET

Please return this form with payment to: Community Access Unlimited 80 West Grand St., Elizabeth, NJ 07202

Date	Event/Class	Time	Single Member Cost	Cost with Direct Care	Community Member Cost	Total
6/1	Bingo and Dinner	6-8pm	\$20.00	\$25.00	\$25.00	
, 6/2	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
6/3	Access + Ability Expo	12-3pm	\$25.00	\$30.00	\$30.00	
6/4	Movie Night	6-9pm	\$40.00	\$42.00	\$42.00	
6/5		6-8pm	\$2.00	\$2.00	\$2.00	
-	Helping Hands Rainforest Café	•	\$2.00	\$49.00	\$2.00	
6/6 6/7		6-8pm	\$43.00	\$65.00	\$49.00	
	Top Golf	6-8pm	•	- -		
6/8	TGI Friday's	6-8pm	\$45.00	\$49.00	\$49.00	
6/9	Special Needs Carnival	12-3pm	Complimentary	Complimentary	Complimentary	
6/10	Field Station Dinosaur	12-3pm	\$30.00	\$35.00	\$35.00	
6/11	Benihana	6-8pm	\$45.00	\$49.00	\$49.00	
6/12	Karaoke Night	6-8pm	\$15.00	\$18.00	\$18.00	
6/13	Olive Garden	6-8pm	\$45.00	\$49.00	\$49.00	
6/15	TGI Friday's	6-8pm	\$45.00	\$49.00	\$49.00	
6/16	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
6/17	Movie Matinee	12-3pm	\$40.00	\$42.00	\$42.00	
6/18	Dave and Busters	6-8pm	\$45.00	\$49.00	\$49.00	
6/19	Bowling Night	6-8pm	\$35.00	\$40.00	\$40.00	
6/20	All you can Eat Buffet	6-8pm	\$45.00	\$49.00	\$49.00	
6/22	NJ Symphony Orchestra	6-9pm	Complimentary	Complimentary	Complimentary	
6/23	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
6/24	іНор	12-3pm	\$45.00	\$49.00	\$49.00	
6/26	Bingo and Dinner	6-8pm	\$20.00	\$25.00	\$25.00	
6/27	Red Lobster	6-8pm	\$45.00	\$49.00	\$49.00	
6/29	Annie Jr.	7-9pm	\$12.00	\$12.00	\$12.00	
6/30	Annie Jr.	7-9pm	\$12.00	\$12.00	\$12.00	
6/30	Religious Services @ CAU	11-1pm	Complimentary	Complimentary	Complimentary	
lame	•			Today's Date:		_
ddre	ss:			CAU Program:	Acces	ssibility?
ity/S	tate/Zip:					
	Number:					
-	ent Details (check one) lease make checks and Money Orders t 18			-		ent/Class

CAU Recreation Guidelines

Sign Up to participate in a Recreation Event—it's as easy as 1, 2, 3!

Choose events that interest you and contact the Director of Community Integrations to check availability: Gregory Rybeck at 908-354-3040 x4205; grybeck@caunj.org

For CAU Members: Contact your counselor or Program Assistant Director to complete registration for events

you're interested in attending.

For Community Members

Contact Gregory Rybeck (above) to reserve your spot for your favorite recreation event

All participants must complete the Monthly Recreation Sign-Up Worksheet (included on page 17-18) and return with payment to: Community Access Unlimited Attn: Recreation Department 80 West Grand St. Elizabeth, NJ 07202

Additional Information

- For events that require advance purchase of tickets or passes, payment for the event will be asked for upfront.
- Space is limited for each event, so a reservation is required
- If you are unable to attend a class or event you have signed up for, notify the Director of Community Integration at 908-354-3040 x4205 within 10 business days advance in order to receive a refund or credit. If the Recreation Department is NOT notified, no refund or credit will be provided. No refunds or credits may be given for events with pre-purchased tickets.
- Members who are not CAU Members will be charged an additional fee for attending Recreation events as outlined on the Worksheet. If you are interested in becoming a CAU Recreational Member, contact us. The fee is \$300/year and ensures the member price for all events.



80 West Grand Street Elizabeth, NJ 07202 Phone: 908-354-3040 TTY/TTD: 908-354-4629 Fax: 908-354-2665 www.caunj.org NON-PROFIT ORGANIZATION U.S. POSTAGE PAID PERMIT 225 Elizabeth, NJ



Saturday Religious Services -CAU Auditorium 80 West Grand All Faiths Welcome! COMPLIMENTARY EVENT! Every Saturday - 11:00 am - 1:00pm