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80 West Grand Street, Elizabeth, New Jersey 07202 For Recreation information call @ (908) 354-3040 ext 272 or 374 Website: www.caunj.org

### **Recreation Guidelines**

- 1. All members attending an event must meet in the Chat Center at the time listed in the newsletter
- 2. All Members & Non-Members MUST Sign up and pay in advance; however, you must <u>check for the availability of each event before submitting</u> <u>payments by calling at ext. 272 or ext. 207.</u>
- 3. When paying by Check or Money Order you must include event date, event and full name of attendee. *Sign-Up sheets must be attached with payment*.
- 4. You need to let the Rec. department know at least ten business days in advance if you are not going to an event or there is no refund or credit
- 5. There will be no refunds or credit for pre-purchased tickets as well as no shows (I.e. vacations, shows, sporting events, etc)
- 6. If you're interested in any event please contact your primary counselor or your Program Assistant Director.
- 7. Recreation Newsletter is also available on our Website at <u>www.caunj.org</u>.
- 8. If your interested in becoming a CAU Recreational member please call ext. 272 or ext. 207 for an application

#### For all non-members the cost will be an additional \$4 per person per event.

Helping Hands Self Advocacy September 6<sup>th</sup> & October 4<sup>th</sup> Location: CAU Main Office from 6 – 7:30pm This is an opportunity for you to speak out and stand up for your rights. Cost for your first meeting is free; each meeting after is \$2



September 6

October 4

November 1

**December 6** 

FAMILY CONNECTION Meetings for 2011

October 11<sup>th</sup>

**December** 13<sup>th</sup>



6 - 8 pm at 80 W Grand St Elizabeth, NJ

Join us for an evening of musical

theater as we enjoy a special viewing of

"Seussical."

Performance will take place at

88 W Grand Street

flizabeth, NJ

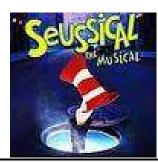
Actober 3, 2011

6 – 8:30 pm

Free of charge!



Seussical is a musical based on the books written by Dr. Seuss!



# Happy Birthday

# September & October Birthday Wishes



Richard H, Mike W	10/5
Elizabeth C, Juana Q	10/6
Annie J, Amanda S	10/7
Lois P, William J, Joe J	10/9
George G	10/10
Sid K	10/13
Stephan S	10/14
Alison T	10/15
James W	10/16
Joseph T	10/17
Jason M, Rosalie N	10/20
Ellen B, Debbie J	10/21
Ronald V, Paul J	10/22
Tanya W	10/23
Amanda H, Ronald M	10/24
Edward M	10/27
George S, Karlene F	10/28
Debbie K	10/29
Laura L	10/30
Ann Lee L	10/31

Karen G	9/1
Brian S	9/4
Louis G	9/5
Amanda S	9/6
Georgetta G, Sara S	9/7
KevinW	9/8
Michelle R, Vernard P	9/11
Rose Z	9/12
Richard G	9/13
Brian S, Michael S	9/14
Patrick M	9/17
Mary K, Peggy K, Yvette D	9/18
Jessie A, Billy F, Rose V	9/20
Helen V	9/21
Allemah C	9/22
Donna H, Joyce C	9/23
Ivan R	9/24
Milagro R, Willie C	9/25
Elaine S	9/27
Mona Lisa A, Linda F	9/28
Ronald F	9/30



# Instructions for the "Monthly Event Worksheet"

Please <u>check for availability of each event</u> before submitting any payments by calling Information & Referral Coordinator at ext. 272 or REC Director at ext. 374.

- 1. This form must accompany all payments given to Community Access Unlimited.
- 2. Complete the Customer Information section completely & the current date.
- 3. To choose an event, carry the cost amount over to the total column to the right side of the sheet. Non-members put cost amount in non-member column.
- 4. At the bottom of the total column, add all of the cost amounts you wrote in the Total column.
- 5. Check the appropriate box for your payment and include that with the sheet and bring it to CAU
- 6. Make sure you make a copy for your records and show your counselor
- 7. Your counselor will then go into the shared file and put your name down for each event you paid for.

	Event Title	Time	Cost Member Nonmember				TOTAL
Date(s)	Event Title	Time			IUTAL		



<u>ART CLASSES</u>

Wednesdays ín September and October at 6:30 pm ín the CAU Café

> September 7<sup>th</sup> September 14<sup>th</sup> September 21<sup>st</sup> September 28<sup>th</sup> October 5<sup>th</sup> October 12<sup>th</sup> October 19<sup>th</sup> November 2<sup>nd</sup>





### <u>DANCE CLASSES</u>

Thursdays in September and October at 6:30 pm in the CAU Café





September 8<sup>th</sup> September 15<sup>th</sup> September 22<sup>nd</sup> September 29<sup>th</sup> October 6<sup>th</sup> October 13<sup>th</sup> October 20<sup>th</sup> October 26<sup>th</sup> - Performance at CAU Gala October 27<sup>th</sup>

#### **September Events**

Event	Location	Date	Time	Cost
Red Lobster	2520 Route 22 East Union, NJ	9/1/11	6 pm	\$30.00
Join your friends for a night on the town and enj	by the freshest seafood around!			
Old Country Buffet	1701 Route 22 Watchung, NJ	9/2/11	6 pm	\$25.00
	on't forget about desert. At Old Country Buffet, there'			
Great Adventure	1 Six Flags Blvd Jackson, NJ	9/3/11	9 am	\$65.00
	Disabilities Awareness Day at Great Adventure. The			
Outback Steakhouse	901 Mountain Ave Springfield, NJ	9/4/11	6 pm	\$35.00
	as an event not to be missed. Outback offers some	1	•	•
Tiffany's Restaurant	1637 Vauxhall Road Union, NJ	9/5/11	6 pm	\$35.00
	t on the calendar month after month. Join your friend			
Art Class	CAU Café	9/7/11	6:30 pm	FREE
Back for another year!!! Week 1 of our 8-week a	art classes. In the past, some artwork has gone on to		•	
Dance Class	CAI 88 W Grand St Elizabeth, NJ	9/8/11	6:30 pm	FREE
	eek dance classes. Don't forget the classes culmina		•	
Movie Night	Aviation Plaza Route 1 & Stiles St Linden, NJ	9/9/11	6 pm	\$16.00
¥	on as they hit the theaters. Bring a few additional do		•	•••••
Tropicana Diner	537 Morris Ave Elizabeth, NJ	9/10/11	6 pm	\$21.00
Why cook on the weekends when you can have	·			• • •
Cooking Class	Salem Program Salem Road, Union, NJ	9/11/11	5 pm	\$12.00
	your family and friends. Classes in September will ta		•	
Olive Garden	275 Route 22 Springfield, NJ	9/12/11	6 pm	\$30.00
Eniov authentic Italian cuisine while spending tir	ne with your friends! Try the endless soup, salad and		·	·
Computer Club	CAU Chat Center	9/13/11	6 pm	\$5.00
The computer club is a chance to meet with pee	rs twice a month and work on computer projects and	tasks and learn	new functions on the	ne computer.
Art Class	CAU Café	9/14/11	6:30 pm	FREE
Week 2 of our 8-week art classes. In the past, s	ome artwork has gone on to be displayed in promine	nt locations are	und town.	
Dance Class	CAU Café	9/15/11	6:30 pm	FREE
Week 2 of our 8-week dance classes. Don't for	get the classes culminate in a group performance at t	he Gala in Octo	ber!!	
Pizza and Game Night	CAU Café	9/16/11	6 pm	\$15.00
Challenge your friends to your favorite board ga	mes while enjoying the best pizza in town.			
Brunch at IHOP	109 Bergen St Newark, NJ	9/17/11	10 am	\$21.00
Please note the change in location! How many	pancakes can you eat? Challenge your friends and t	ry all of the syru	p choices that IHO	P has to offer.
Famous Dave's	1443 US 22 Mountainside, NJ	9/18/11	6 pm	\$28.00
Join us for a night at Famous Dave's and enjoy	ts "real, honest BBQ."			
Southern Smokehouse	611 West Edgar Road Linden, NJ	9/19/11	6 pm	\$28.00
Southern Smokehouse features authentic south	ern style barbeque while showcasing the highest star	ndards for buffet	dining. Come enjo	y all our options.
Buffalo Wild Wings	1599 Route 22 West, Watchung, NJ	9/20/11	6 pm	\$30.00
Join us at Buffalo Wild Wings for the best wings	in the area with over 10 sauces to choose from. No	matter what you	order – you won't l	be disappointed.
Art Class	CAU Café	9/21/11	6:30 pm	FREE
Week 3 of our 8-week art classes. In the past, s	ome artwork has gone on to be displayed in promine	nt locations aro	und town.	
Movie Night	Aviation Plaza Route 1 & Stiles St Linden, NJ	9/23/11	6 pm	\$16.00
Enjoy the latest releases with your friends as so	on as they hit the theaters. Bring a few additional do	llars for popcorn	and a soda.	
Cooking Class	Salem Program Salem Road, Union, NJ	9/25/11	5 pm	\$12.00
Learn how to prepare simple meals for yourself,	your family and friends. Classes in September will ta	ake place on Sa	lem Road in Union,	NJ.
Chevy's Fresh Mex	Route 1 & Stiles St Linden, NJ	9/26/11	6 pm	\$30.00
Enjoy some fresh Mexican food in an exciting at	mosphere with all of your buddies.			
Computer Club	CAU Chat Center	9/27/11	6 pm	\$5.00
The computer club is a chance to meet with pee	rs twice a month and work on computer projects and	tasks and learn	new functions on th	ne computer.
Bingo and Subs	CAU Café	9/30/11	6 pm	\$15.00
Enjoy some of the best sub sandwiches in town	while playing Bingo with your friends!			

#### **September Monthly Event Worksheet**

**Customer Information** 

Full Name(s)		· · · · · · · · · · · · · · · · · · ·	
Address	· · · · · · · · · · · · · · · · · · ·		
City	State	Zip	
Phone	Program		

#	Date(s)	Event Title	Time	Cost	Cost For Non Members	Total
1	9/1/11	Red Lobster	6 pm	\$30.00	\$34.00	
2	9/2/11	Old Country Buffet	6 pm	\$25.00	\$29.00	
3	9/3/11	Great Adventure	9 am	\$65.00	\$69.00	
4	9/4/11	Outback Steakhouse	6 pm	\$35.00	\$39.00	
5	9/5/11	Tiffany's Restaurant	6 pm	\$35.00	\$39.00	
6	9/7/11	Art Class	6:30 pm	FREE	FREE	
7	9/8/11	Dance Class	6:30 pm	FREE	FREE	
8	9/9/11	Movie Night	6 pm	\$16.00	\$20.00	
9	9/10/11	Tropicana Diner	10 am	\$21.00	\$25.00	
10	9/11/11	Cooking Class	5 pm	\$12.00	\$16.00	
11	9/12/11	Olive Garden	6 pm	\$30.00	\$34.00	
12	9/13/11	Computer Club	6 pm	\$5.00	\$9.00	
13	9/14/11	Art Class	6:30 pm	FREE	FREE	
14	9/15/11	Dance Class	6:30 pm	FREE	FREE	
15	9/16/11	Pizza and Game Night	6 pm	\$15.00	\$19.00	
16	9/17/11	Brunch at IHOP	10 am	\$21.00	\$25.00	
17	9/18/11	Famous Dave's	6 pm	\$28.00	\$32.00	
18	9/19/11	Southern Smokehouse	6 pm	\$28.00	\$32.00	
19	9/20/11	Buffalo Wild Wings	6 pm	\$30.00	\$34.00	
20	9/21/11	Art Class	6:30 pm	FREE	FREE	
21	9/22/11	Dance Class	6:30 pm	FREE	FREE	
22	9/23/11	Movie Night	6 pm	\$16.00	\$20.00	
23	9/25/11	Cooking Class	5 pm	\$12.00	\$16.00	
24	9/26/11	Chevy's Fresh Mex	6 pm	\$30.00	\$34.00	
25	9/27/11	Computer Lab	6 pm	\$5.00	\$9.00	
26	9/28/11	Art Class	6:30 pm	FREE	FREE	
27	9/29/11	Dance Class	6:30 pm	FREE	FREE	
28	9/30/11	Bingo and Subs	6 pm	\$15.00	\$19.00	

There are only twelve slots available for each event, so sign up quickly!

Payment Details: (Check one box)

Check

.. . .

. .

Money Order

🗆 Cash

For all non-members the cost will be an additional \$4 per person per event.

Please include Sign Up sheet with Payment

Make Checks/Money Orders out to: Community Access Unlimited Recreation

Questions? Call I & R Coordinator (908) 354-3040 Ext. 272





# Community Access Unlimited's 31<sup>st</sup> Annual Gala Dinner Dance Wednesday, October 26, 2011 6:00 PM - 10:30 PM L'Affaire Fine Catering Mountainside, New Jersey





A Night Filled with Dinner, Dancing, Awards, & Prizes!!





# Ira Geller Walk-a-Thon

## Saturday, September 24, 2011

Rahway River Park, Rahway, New Jersey

**Registration: 11:00 AM** 

Walk Begins: 12:00 PM

Get Out Your Walking Shoes & Come Join the FUN!!!!



#### You're Invited To The Spirit of COMMUNITY ACCESS UNIT OF COMMUNITY A

#### **October Events**

	OCLODEI EVEIILS			
Event	Location	Date	Time	Cost
Sunrise Diner	61 Westfield Ave Roselle Park, NJ	10/1/11	10 am	\$21.00
Why cook on weekends when you can have breakfa				
Great Adventure	1 Six Flags Blvd Jackson, NJ	10/2/11	9 am	\$65.00
Join us for Thrills by Day and Fright by Night! Once			he faint of heart!	1
"Seussical The Musical"	88 W Grand St Elizabeth, NJ	10/3/11	6 – 8:30 am	FREE
Join us for a very special production of "Seussical T	he Musical." Admission to the event is free so plea	ase sign up early	to ensure your sea	!
Art Class	CAU Café	10/5/11	6:30 pm	FREE
Week 4 of our 8-week art classes. In the past, some	e artwork has gone on to be displayed in prominent	locations aroun	d town.	
Dance Class	CAU Café	10/6/11	6:30 pm	FREE
Week 4 of our 8-week dance classes. Don't forget t	the classes culminate in a group performance at the	e Gala in Octobe	r!!	
Movie Night	Aviation Plaza Route 1 & Stiles St Linden, NJ	10/7/11	6 pm	\$16.00
Enjoy the latest releases with your friends as soon a	as they hit the theaters. Bring a few additional dolla	rs for popcorn a	nd a soda.	
Breakfast at Perkins	821 Spring Street Elizabeth, NJ	10/8/11	10 am	\$21.00
A new addition to the recreation calendar - join us a	at Perkins for a great breakfast with your friends so	you don't have to	o cook on the weeke	nds!
Corn Maze and Pumpkin Picking	177 Big Piece Road Fairfield, NJ	10/9/11	12 pm	\$30.00
An October tradition – an afternoon of pumpkin pick	ing and getting turned out as you navigate your way	y through a corn	maze! Enjoy the fu	n of Fall!!
Red Lobster	2520 Route 22 East Union, NJ	10/10/11	6 pm	\$30.00
Grab the catch of the day and enjoy it with friends a			•	
Art Class	CAU Café	10/12/11	6:30 pm	FREE
Week 5 of our 8-week art classes. In the past, some			•	
Dance Class	CAU Café	10/13/11	6:30 pm	FREE
Week 5 of our 8-week dance classes. Don't forget t			•	
Pizza and Game Night	CAU Café	10/14/11	6 pm	\$15.00
Challenge your friends to your favorite board games		10/14/11	0 pm	φ10.00
Cooking Class	939 Knollwood Court Plainfield, NJ	10/16/11	5 pm	\$12.00
Learn how to prepare simple meals for yourself, you			•	
Olive Garden		1	_	
	275 Route 22 Springfield, NJ	10/17/11	6 pm	\$30.00
Enjoy authentic Italian cuisine while spending time v		1	6	¢ς οο
Computer Club	CAU Chat Center	10/18/11	6 pm	\$5.00
The computer club is a chance to meet with peers to		1		1
Art Class	CAU Café	10/19/11	6:30 pm	FREE
Week 6 of our 8-week art classes. In the past, some		1		
Dance Class	CAU Café	10/20/11	6:30 pm	FREE
Week 6 of our 8-week dance classes. Don't forget t				
Movie Night	Aviation Plaza Route 1 & Stiles St Linden, NJ	10/21/11	6 pm	\$16.00
Enjoy the latest releases with your friends as soon a			nd a soda.	
Haunted Hayride	4265 Atlantic Ave Wall Township, NJ	10/22/11	4 pm	\$35.00
The Historic Village at Allaire offers one of the most	haunted hayrides in the state! Please be advised t	-	are used and the ev	ent is scary!
Ruby Tuesday's	120 Glimcher Realty Way Elizabeth, NJ	10/23/11	6 pm	\$30.00
Right in your own hometown - Ruby Tuesday's offe	rs a variety of awesome dinners complete with sala	d bar! Join your	friends to celebrate	!
Chili's	Jersey Gardens Mall Elizabeth, NJ	10/24/11	6 pm	\$30.00
Enjoy some of the best food in town - whether it be	the sizzling fajitas or a juicy burger - it's all deliciou	IS!		
Computer Club	CAU Chat Center	10/25/11	6 pm	\$5.00
The computer club is a chance to meet with peers to	wice a month and work on computer projects and ta	isks and learn ne	ew functions on the	computer.
Dance Class	CAU Café	10/27/11	6:30 pm	FREE
Wrap up week and final class of our dance class se	ries. We hope it was another great year and you di	d an amazing jo	b at the Gala last nig	ht!!!
Bingo and Subs	CAU Café	10/28/11	6 pm	\$15.00
Enjoy some of the best sub sandwiches in town whi	le playing Bingo with your friends!	·		
Tropicana Diner	537 Morris Ave Elizabeth, NJ	10/29/11	10 am	\$21.00
Why cook on the weekends when you can have bre			1	1
Cooking Class	939 Knollwood Court Plainfield, NJ	10/30/11	5 pm	\$12.00
-			•	
Learn how to prepare simple meals for yourself you				
Learn how to prepare simple meals for yourself, you Halloween Party	88 W Grand St Elizabeth, NJ	10/31/11	6 pm	\$20.00

### **October Monthly Event Worksheet**

**Customer Information** 

Full Name(s)			
Address			
City	State	Zip	
Phone	Program		

#	Date(s)	Event Title	Time	Cost	Cost For Non Members	Total
1	10/1/11	Sunrise Diner	10 am	\$21.00	\$25.00	
2	10/2/11	Great Adventure	9 am	\$65.00	\$69.00	
3	10/3/11	"Seussical the Musical"	6 – 8:30 pm	FREE	FREE	
4	10/5/11	Art Class	6:30 pm	FREE	FREE	
5	10/6/11	Dance Class	6:30 pm	FREE	FREE	
6	10/7/11	Movie Night	6 pm	\$16.00	\$20.00	
7	10/8/11	Breakfast at Perkins	10 am	\$21.00	\$25.00	
8	10/9/11	Corn Maze and Pumpkin Picking	12 pm	\$30.00	\$34.00	
9	10/10/11	Red Lobster	6 pm	\$30.00	\$34.00	
10	10/12/11	Art Class	6:30 pm	FREE	FREE	
11	10/13/11	Dance Class	6:30 pm	FREE	FREE	
12	10/14/11	Pizza and Game Night	6 pm	\$15.00	\$19.00	
13	10/16/11	Cooking Class	5 pm	\$12.00	\$16.00	
14	10/17/11	Olive Garden	6 pm	\$30.00	\$34.00	
15	10/18/11	Computer Club	6 pm	\$5.00	\$9.00	
16	10/19/11	Art Class	6:30 pm	FREE	FREE	
17	10/20/11	Dance Class	6:30 pm	FREE	FREE	
18	10/21/11	Movie Night	6 pm	\$16.00	\$20.00	
19	10/22/11	Haunted Hayride	4 pm	\$35.00	\$39.00	
20	10/23/11	Ruby Tuesday's	6 pm	\$30.00	\$34.00	
21	10/24/11	Chili's	6 pm	\$30.00	\$34.00	
22	10/25/11	Computer Club	6 pm	\$5.00	\$9.00	
23	10/27/11	Dance Class	6:30 pm	FREE	FREE	
24	10/28/11	Bingo and Subs	6 pm	\$15.00	\$19.00	
25	10/29/11	Tropicana Diner	10 am	\$21.00	\$25.00	
26	10/30/11	Cooking Class	5 pm	\$12.00	\$16.00	
27	10/31/11	Halloween Party	6 pm	\$20.00	\$24.00	

There are only twelve slots available for each event, so sign up quickly
Payment Details: (Check one box)

□ Check

Money Order

-- - -

🗆 Cash

For all non-members the cost will be an additional \$4 per person per event.

Please include Sign Up sheet with Payment Make Checks and Money Orders out to: Community Access Unlimited Recreation Questions? Call I&R Coordinator (908) 354-3040 Ext. 272

Cooking Classes

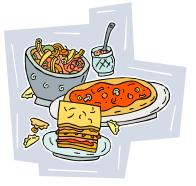
Come learn how to create meals for yourself, your roommates, your friends, your family...



Classes are being offered from 5 - 7 pm 9/11 and 9/25 - Salem (Salem Road Union, NJ) 10/16 and 10/30 - Knollwood (939 Knollwood Court Plainfield, NJ)







# **Computer Club**

Computer Club is now meeting twice a month in the CAU Chat Center at 6 pm. Computer Club will meet on the following dates: 9/13, 9/27, 10/18, and 10/25.

Please join us to learn the basics of using a computer as well as more advanced functions. Bring along any computer questions that you may have. If you have specific IHP goals please bring those along as well. Computers are limited so please sign up early.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				RED	OLD	GREAT
				LOBSTER	COUNTRY	ADVENTURE
					BUFFET	
4	5	6	チ	8	9	10
OUTBACK	TIFFANY'S	HELPING	ART	DANCE	MOVIE	TROPICANA
STEAKHOUSE	RESTAURANT	HANDS	CLASS	CLASS	NIGHT	DINER
11	12	13	14	15	16	17
COOKING	OLIVE	COMPUTER	ART CLASS,	DANCE	PIZZA	BRUNCH
CLASS	GARDEN	CLUB		CLASS	AND GAME	AT
			JOB CLUB		NIGHT	IHOP
18	19	20	21	22	23	24
	SOUTHERN	BUFFALO	ART	DANCE	MOVIE	Ira Geller
FAMOUS	SMOKEHOUSE	WILD	CLASS	CLASS	NIGHT	WALK-A-
DAVE'S		WINGS				THON
25	26	27	28	29	30	
COOKING	CHEVY'S	COMPUTER	ART	DANCE	BINGO	
CLASS	FRESHMEX	CLUB	CLASS	CLASS	AND	
					SUBS	

# <u>OCTOBER 2011</u>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						SUNRISE
						DINER
2	3	4	5	6	チ	8
GREAT	VIEWING OF		ART	DANCE	MOVIE	BREAKFAST
ADVENTURE	"Seussical The	HELPING	CLASS	CLASS	NIGHT	AT
	Musícal"	HANDS				PERKINS
9	10	11	12	13	14	15
CORN MAZE	RED	FAMILY	ART	DANCE	PIZZA	MEMBER'S
5 PUMPKIN	LOBSTER	CONNECTION	CLASS	CLASS	AND GAME	DAY
PICKING		MEETING			NIGHT	
16	17	18	19	20	21	22
COOKING	OLIVE	COMPUTER	ART	DANCE	MOVIE	HAUNTED
CLASS	GARDEN	CLUB	CLASS	CLASS	NIGHT	HAYRIDE
						· · · · · · · · · · · · · · · · · · ·
23	24	25	26	27	28	29
RUBY		COMPUTER	CAU GALA	DANCE	BINGO	TROPICANA
THESDAY'S	CHILI'S	CLUB	DINNER -	CLASS	AND	DINER
			DANCE		SUBS	
30	31					
COOKING	HALLOWEEN					
CLASS	PARTY					



**Community Access Unlimited** 80 West Grand Street Elizabeth, New Jersey 07202-1447