

THE CA [YOU]

Get Involved In Your Community

MAY/JUNE 2013

CAU MISSION STATEMENT

“TO PROVIDE
COMMUNITY
ACCESS THROUGH
EFFECTIVE AND
COMPREHENSIVE
SUPPORT
SERVICES FOR
PEOPLE WITH
DISABILITIES,
AT-RISK YOUTH
AND PEOPLE WITH
AFFORDABLE
HOUSING NEEDS,
GIVING THEM THE
OPPORTUNITY TO
LIVE
INDEPENDENTLY
AND TO LEAD
NORMAL AND
PRODUCTIVE LIVES
AS CITIZENS
INTEGRATED INTO
THE
COMMUNITY.”



IN THIS ISSUE...

Page 2	Birthday Wishes
Page 3-5	Events
Page 6-8	Election Calendar & Heritage Events
Page 9	Feast With Friends
Page 10-13	Arts
Page 14-15	Fitness
Page 16	Movies
Page 17-20	Clubs, Classes & More!
Page 21	Volunteer Opportunities
Page 22-23	Member Stories
Page 24	Recreation Guidelines
Page 25-26	Monthly Recreation Sign-Up Worksheets
Page 27	Recreation Calendar

CAU EVENT

Look for the
CAU Event symbol
throughout these pages and
sign up for
Community Access Unlimited
recreation using the sign-up
worksheets provided.

Visit www.caunj.org for more information on Community Access Unlimited.
For questions on CAU or community recreation events please contact:
Alyson Monaco – Community Integration Coordinator
amonaco@caunj.org 908-354-3040 x216

HAPPY BIRTHDAY!!

To CAU members celebrating birthdays in March & April

Sarah B. 5/4
Alan C. 5/5
Ronald M. 5/7
Karen K. 5/8
John Y. 5/11
James E. 5/12
Frankline L. 5/12
Kelly S. 5/14
Rosemary M. 5/15
Anthony C. 5/16
Richard S. 5/17
Henry Z. 5/18
Brian B. 5/18
Christopher D. 5/18
Denise G. 5/22
Gabianny V. 5/22
Marion S. 5/23
Joyce S. 5/23
Yawina C. 5/23

James M. 6/1
Virginia J. 6/1
Mary R. 6/1
Geraldine F. 6/2
Christian P. 6/2
Sheri C. 6/2
Megan M. 6/3
Michael D. 6/3
Elizabeth F. 6/4
Matthew W. 6/4
Joelle D. 6/5
Allan B. 6/6
Seymour R. 6/7
Maureen M. 6/7
Zymir B. 6/7
Midread C. 6/8
Oleska J. 6/8
Lyman T. 6/8
Andy R. 6/10
Shikia J. 6/11
Felix P. 6/11
Tom S. 6/12
Samentha S. 6/12
Alana G. 6/13
Robert H. 6/14

Eugene M. 6/15
Gary R. 6/16
Eric L. 6/17
Shatisha T. 6/18
Sunnah B. 6/20
Theresa W. 6/21
Daniel J. 6/22
Mary Pat K. 6/23
Roberto C. 6/23
Mary Jane F. 6/24
Kenneth B. 6/24
Raydera J. 6/24
Joseph S. 6/25
Calvin G. 6/26
Linda M. 6/27
Marjorie P. 6/29
Chana P. 6/29



EVENTS



New Jersey Convention Center
Edison, NJ

May 3rd – 5th
11:00AM – 5:00PM
(Friday & Saturday)
11:00AM – 4:00PM
(Sunday)

FREE

Thousands with disabilities experience their possibilities!
For more than three decades, Abilities Expo has succeeded in improving the lives of Americans with disabilities, their families, caregivers and healthcare professionals. This unique forum features three days of cutting-edge products and services, compelling workshops, fun-for-the-whole-family activities and has become the leading event for the community of people with disabilities.

www.abilitiesexpo.com

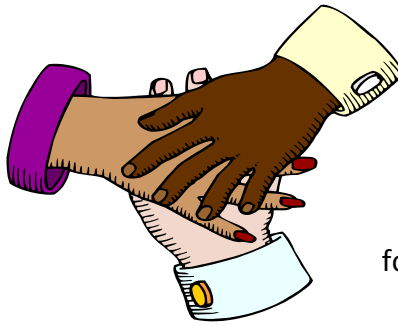
Helping Hands Self-Advocacy

Community Access Unlimited
88 West Grand Street, Elizabeth

CAU EVENT

Tuesday, May 7th
Tuesday, June 4th
6:00PM – 8:00PM

Helping Hands is one of the oldest and strongest self-advocacy groups in the state of New Jersey. Advocates are involved in legislative updates, letter writing campaigns, accessibility and voting campaigns, "Meet the Candidates" events, attending local, state, and national conferences, and conducting professional workshops. Meetings are held monthly and are open to all people with disabilities.



Cost for your first meeting is FREE.
Each additional meeting is \$2
for both members and non-members
Seats Available: 100

Prom Night

CAU EVENT

Peterstown Community Center
418-34 Palmer Street, Elizabeth

Friday, June 14th
5:00PM – 9:00PM

CAU Prom Night is an event you won't want to miss!
Dress your best and join us for this special evening.

Members \$25
Non-Members \$29
Seats Available: 100

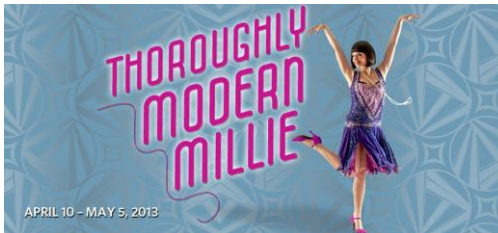
Thoroughly Modern Set Design
Visual Arts Center of New Jersey

68 Elm Street, Summit

Thursday, May 16th
7:30PM – 9:00PM

FREE

Paper Mill Playhouse's Artistic Director, Mark S. Hoebee will discuss the process of design for the set of this season's Thoroughly Modern Millie. This show is a co-production between the 1200-seat Paper Mill Playhouse and the 550-seat Jupiter Theatre in Florida. Hoebee will discuss the design benefits and challenges involved in "growing" the show on its journey from Florida to Millburn, New Jersey.



This presentation is part of the Thursday Evening Salon Series. Sip a glass of wine or a soft drink and relax in a comfortable social setting while discussing current topics in the arts, humanities, and social sciences. Your hosts will include artists, art historians, curators, philosophers, writers, musicians, stage designers and more. Eclectic in content and social nature, the Salon Series provides an opportunity for everyone – regardless of educational or professional background – to gather and learn more about the world of art and artists and how it impacts other disciplines.

www.artcenternj.org

Murder Mystery Masquerade Ball

Community Access Unlimited
88 West Grand Street, Elizabeth

CAU EVENT

Friday, May 10th
6:00PM – 9:00PM

Join DD6 for this Walk-a-Thon fundraiser!

Members \$20
Non-Members \$24

Spots Available: 100



SPEED DATING



Speed Dating

Community Access Unlimited
88 West Grand Street, Elizabeth

CAU EVENT

Friday, May 31st
6:00PM – 8:00PM

This could be the day you meet your match!

Members \$25
Non-Members \$29

Spots Available: 10 women, 10 men

Memorial Day BBQ

Rahway River Park, Rahway
Hickory Picnic Area

CAU EVENT

Sunday, May 26th
11:00AM – 3:00PM

Join us to celebrate Memorial Day with friends, food and fun!



Members \$20
Non-Members \$24

Spots Available: 80



Trenton Thunder

Tuesday, May 28th
6:00PM – 10:00PM

Members \$20
Non-Members \$24

CAU EVENT

Join CAU for a trip
to see some of
New Jersey's
baseball teams in action!!

Spots Available: 12



Newark Bears







Tuesday, June 18th
5:30PM – 9:30PM

Members \$15
Non-Members \$19

Please bring additional money for snacks.

Union County 2013 Election Calendar

MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6 	7	8	9	10	11
12	13	14 	15	16	17	18
19	20	21 	22	23	24 	25
26	27	28 	29	30	31 	

Monday, May 6th – 29-Day Pre-Primary Election Campaign Finance Report due in Trenton

Tuesday, May 14th – Last day to register to vote for the June Primary Election

Tuesday, May 21st – Deadline for filing of appointments or applications for Challengers with the Union County Board of Elections for the Primary Election








Friday, May 24th – 11-Day Pre-Primary Election Campaign Finance Report due in Trenton

Tuesday, May 28th – Last day to apply by mail for a Mail-In Ballot for the June Primary Election

Friday, May 31st – Challenge to Mail-In Ballots for the Primary Election at the Board of Elections

Union County 2013 Election Calendar

JUNE

S	M	T	W	T	F	S
						1 
2	3 	4 	5	6	7	8
9	10 	11	12	13 	14	15
16	17	18	19 	20	21	22
23	24 	25	26	27	28	29
30						

Saturday, June 1st – Special opening from 9AM to 1PM of the County Clerk Offices in Elizabeth and Westfield to apply for a Mail-In Ballot for the Primary Election

Monday, June 3rd – Last day to apply in person for a Mail-In Ballot before 3PM in the County Clerk Offices in Elizabeth and Westfield

Tuesday, June 4th – Petition filing deadline for Independent and School Board candidates for the General Election at 4PM

Monday, June 10th – Deadline for objections to Independent candidates nominating petitions for the General Election and School Board Election candidates

Thursday, June 13th – Deadline for Determination of Petition Challenge for Independent petitions for the General Election and School Board Election

Wednesday, June 19th – Deadline for Recount of the Primary Election; application to be made with Judge of Superior Court

Monday, June 24th – 20-Day Post Primary Election Campaign Finance Report due in Trenton

Cuban Independence Day Celebration

Elizabeth, NJ

Sunday, May 19th
11:30AM – 2:30PM



The Elizabeth Cuban Club presents the Cuban Independence Day Celebration. The parade will be starting from Front Street and travelling through Elizabeth Avenue.

Portugal Day Parade and Celebration

Elizabeth, NJ

Sunday, June 2nd
2:00PM – 6:00PM



The Elizabeth Portugal Day Committee presents the official Portugal Day Parade and Celebration. In keeping with tradition, the parade will depart from Union Square Plaza on Elizabeth Avenue, proceed o South Broad Street and then onto Grove Street, concluding at the Portuguese Instructive Social Club with an official Portugal Day Celebration.

Colombian Day Parade and Celebration

Elizabeth, NJ

Sunday, June 30th
1:00PM – 3:00PM



Colombianos Sin Fronteras, Inc. presents the Colombian Day Parade and Celebration. The parade will be starting from Elizabeth Avenue, travelling through Broad Street, Morris Avenue and Cherry Street.



History Alive – Harry S. Truman

JCC of Central NJ

1391 Martine Avenue, Scotch Plains

Monday, May 6th
11:00AM – 1:00PM

Historical impressionist Peter Small, a former history teacher, will present the blunt-speaking style of Harry Truman. Reminisce with his as he reflects on his accomplishments as President and the challenges faced including dropping the atomic bomb and the dismissal of General MacArthur. Includes a Q & A!

JCC Members \$3
Non-Members \$8
Cost includes lunch

Call to make a reservation by
Wednesday, May 1st.
908-889-8800

Feast With Friends



Join us throughout the month for breakfast or dinner at your favorite local restaurants.

Gather your friends and come out for great food and even better company!

Price includes transportation from CAU to the restaurant.

Seats Available Per Trip: 12

MARCH

5/1	Olive Garden	6PM-8PM	Member \$35	Non-Member \$39
5/4	Tropicana Diner	10AM-12PM	Member \$30	Non-Member \$34
5/14	Buffalo Wild Wings	6PM-8PM	Member \$35	Non-Member \$39
5/15	Red Lobster	6PM-8PM	Member \$45	Non-Member \$49
5/18	Sunrise Diner	10AM-12PM	Member \$30	Non-Member \$34
5/21	Cheesecake Factory	6PM-8PM	Member \$45	Non-Member \$49
5/25	IHOP	10AM-12PM	Member \$30	Non-Member \$34

APRIL

6/1	Tropicana Diner	10AM-12PM	Member \$30	Non-Member \$34
6/8	Tiffany's	6PM-8PM	Member \$35	Non-Member \$39
6/11	Applebees	6PM-8PM	Member \$35	Non-Member \$39
6/15	Sunrise Diner	10AM-12PM	Member \$30	Non-Member \$34
6/22	IHOP	10AM-12PM	Member \$30	Non-Member \$34
6/25	Red Lobster	6PM-8PM	Member \$45	Non-Member \$49

Please Note: The Sunrise Diner is NOT wheelchair accessible.

ARTS

Art Class

CAU EVENT

Community Access Unlimited
80 West Grand Street, Elizabeth
Café

Wednesdays
May 8th & 22nd
June 12th & 26th
6:00PM – 8:00PM

Enjoy a night of arts & crafts
with friends!!

Members \$15
Non-Members \$19

Seats Available: 12



Ceramics

Gregorio Recreation Center
330 Helen Street, Linden

*Enjoy an evening with friends
while creating a keepsake to take home with you.*

Tuesdays
June 18th & 25th
7:00PM – 8:15PM

Registration Fee \$8

For more information or to sign up please contact
Union County Parks
908-527-4806



CREATIVITY WITH A CONSCIENCE'S AMAZING PEOPLE

If you are an individual with a disability and have a story, article, or poem with a corresponding visual art image expressing and/or illustrating your experiences with creativity and disability, and you are also actively involved in building awareness regarding disability issues, Creativity with a Conscience would like to recognize and feature your work in "Creativity with a Conscience's Amazing People." Artists are invited to submit images with corresponding written work with a 500 word maximum. There are no fees involved and you do not have to be a professional artist. This is an ongoing event through the Center for Diversified Art.

See Alyson for submission guidelines.

amonaco@caunj.org

908-354-3040 x216

The CAU Community Players

Proudly Present

Disney's BEAUTY AND THE BEAST



Friday, June 28th
7:30PM

Saturday, June 29th
7:30PM

Sunday, June 30th
2:00PM

Jonathan Dayton High School
139 Mountain Avenue
Springfield, NJ 07081

\$10 Adults \$8 Students, Children & Seniors

*Donation, Sponsorship and Playbill Ad opportunities are available. For more information please contact
Cara Pavia at 908.354.3040 x376*

Tickets are available to purchase online starting May 1st.

The CAU Community Players was established in 2011 by Community Access Unlimited as an exciting new opportunity for its members to collaborate with the community to create an incredibly unique and inspiring theatre experience.



www.caucommunityplayers.com
www.caunj.org

Disney's Beauty and the Beast Jr. is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI.
421 West 54th Street, New York, NY 10019 Phone: (212)541-4684 Fax: (212)397-4684 www.MTIShows.com

Knitting & Crochet Social Club

4 Colonial Drive, Scotch Plains

CAU EVENT



Tuesday, May 7th

Monday, June 10th

5:00PM – 7:00PM

Join us and learn new
knitting & crocheting techniques!
Bring your work to share with the group!
Enjoy light refreshments and company of friends!

Members \$10 Non-Members \$14

Seats Available:12

The Music Man

Presented by the Cranford Dramatic Club

CAU EVENT

May 12th

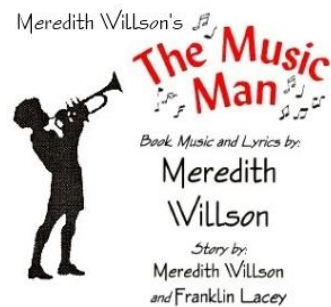
1:00PM – 4:00PM

Follow fast-talking traveling salesman Harold Hill as he cons the people of River City, Iowa into buying instruments and uniforms for a boys' band he vows to organize. His plans to skip town with the cash are foiled when he falls for Marian the librarian, who transforms him into a respectable citizen by curtain's fall.

Members \$35

Non-Members \$39

Seats Available: 12



Culinary Delights

Classic Thyme Cooking School

710 South Avenue, Westfield

Master Chefs lead participants in creating a full meal, from beverage to desert.

Group homes are limited to 2 participants.

Saturday, May 18th

9:30AM – 11:00AM

Registration Fee \$8

For more information or to sign up please contact Union County Parks

908-527-4806



RECIPE PICK!

Crispy Kale Chips

Ingredients:

6 cups kale, stems removed,
chopped into 2" pieces

2 teaspoons extra virgin olive oil

Kosher salt

(You can add any other seasoning
depending on your taste)

- 1) Preheat oven to 350°F
- 2) Place kale in a large mixing bowl; drizzle with olive oil. Using hands, mix well to evenly coat leaves with oil.
- 3) Divide kale between two baking sheets and spread leaves in a single layer. Sprinkle lightly with salt and any other preferred seasoning.
- 4) Bake for 15 minutes, remove from oven and stir gently with a wooden spoon. Return to oven for 15 minutes, or until leaves are crisp and completely dry. Store in a sealed container.



Veggie lovers and skeptics alike enjoy these amazing, nutritious, curiously potato-chip-like snacks!

Glee Club

CAU EVENT

Community Access Unlimited

80 West Grand Street, Elizabeth
Café

Love to sing? Join the Glee Club!

Thursdays
6:00PM – 7:30PM
May 9th & 23rd
June 6th & 20th

Cost is FREE!!

Seats Available: 12

I 
SINGING



FITNESS

Recreational Swim
Union County Pools



FREE

Open recreational swimming is free for people with disabilities and senior citizens at Union County's two pools at the times listed below.

<p>Walter E. Ulrich Memorial Pool Rahway River Park St. Georges Avenue, Rahway</p> <p>(732)382-9457</p> <p>Mondays June 24th – August 26th 6:00PM – 8:00PM</p>	<p>John Russell Wheeler Memorial Pool West Stimpson Ave & Rt 1 Linden</p> <p>(908)862-0977</p> <p>Wednesdays June 26th – August 21st 12:00PM – 1:00PM</p>
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“Ability is what you’re capable of doing.
Motivation determines what you do.
Attitude determines how well you do it.”

-Lou Holtz

Zumba
Community Access Unlimited
88 West Grand Street, Elizabeth


CAU EVENT

Join the Party!
Dance your way into shape with a high energy class set to Latin and international beats.

Taught by CAU’s own
Community Integration Coordinator - Alyson!

Mondays
May 6th
June 17th
5:30PM – 6:30PM

Members \$10
Non-Members \$14



Bowling

CAU EVENT

Show off your skills at the Linden Lanes!

Sundays
May 5th & 19th
June 2nd & 16th
2:00PM – 4:00PM

Members \$15
Non-Members \$19
Spots Available: 12

Thursdays
May 2nd, 16th & 30th
June 13th & 27th
6:00PM – 8:00PM



NJ Miles With Moms 5K Run/Walk

Oak Ridge Park, Clark

Runners, walkers, moms and dads with strollers, kids, friends and neighbors are all welcome to join the Second Annual 5K Run/Walk benefiting the Mothers' Center of Central NJ.



Saturday, May 4th

9:30AM

Check-In begins at 8:00AM

5K or 1 Mile:

Adult/Teen \$30

Children 12 and under \$15

Kids Fun Run (10:30AM):

\$10

Children 9 and under who are registered for the 5K or 1 Mile Run/Walk

can participate in the Fun Run at to extra charge

Pre-register online for registration fee discount at
CompuScoreReg.com

T'ai Chi Chih

Jewish Service for the Developmentally Disabled
WAE Center

270 Pleasant Valley Way, West Orange

Sundays

May 5th & 19th

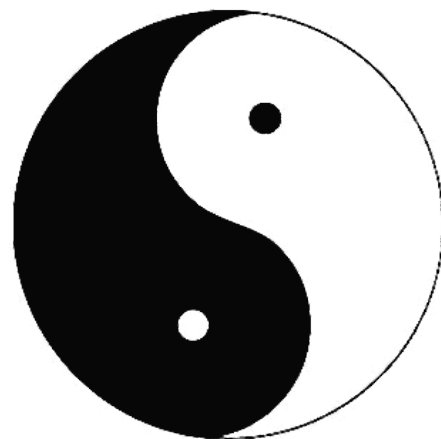
June 2nd & 16th

2:00PM – 3:00PM

\$10/class

T'ai Chi Chih is a series of slow and gentle movements based on ancient Far East wellness principles and is not a martial art. Movements are gentle, easy, soft, flowing and fun. The practice strengthens bones, clears the mind and releases creativity, improves circulation and flexibility as well as renewing a sense of health and wellness.

Sign up by calling (973)272-7152



Check out these films!

Movie Night

CAU EVENT

Join us for your favorite new releases at the local theater!

May 3rd & 24th
June 7th & 21st

6:00PM – 9:00PM

Members \$25
Non-Members \$29

Cost includes transportation from CAU to the theater.

Seats Available: 12



Springfield Free Public Library

66 Mountain Avenue, Springfield

FREE

As It Is In Heaven

Thursday, May 16th

1:00PM & 6:45PM

Nominated for Best Foreign Film at the 2005 Academy Awards, As It Is In Heaven is the story of Daniel, a successful international conductor who returns to his childhood village in Sweden. Soon thereafter, the local church choir seeks him out to solicit his advice. He can't refuse, and nothing in the village is the same again. As the amateur choir develops and grows, he is drawn to the people of his old hometown, makes friend and finds love. In Swedish with English subtitles. Not rated.

BUT WAIT, THERE'S MORE...

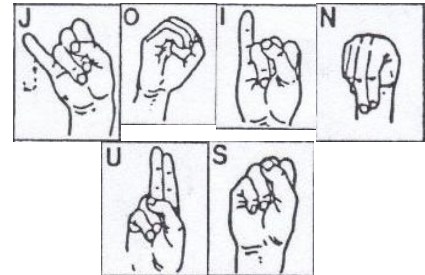


Sign Language Club

CAU EVENT

Community Access Unlimited
88 West Grand Street, Elizabeth
Front Room

Thursdays May 16th & June 13th
6:00PM – 7:30PM



Come learn American Sign Language with friends and light refreshments!

Cost is FREE for Members & Non-Members

Seats Available: 12

Computer Class

Community Access Unlimited
80 West Grand Street, Elizabeth
Computer Room

CAU EVENT

May 8th & 22nd
June 5th & 19th
6:00PM-7:00PM

Members \$16
Non-Members \$20

Seats Available: 12



Adventure Aquarium

CAU EVENT

Sunday, June 9th
10:00AM – 5:00PM

There are always new things to see and do At Adventure Aquarium on the Camden Waterfront! Come face-to-face with hippos, penguins, sting rays and rare sharks. Be sure to check out the hands-on experiences and touch an impressive collection on sea critters.

Let the adventure begin!

Members \$45
Non-Members \$49

Spots Available: 12



ADVENTURE
aquarium®

Astronomy Day



Trailside Nature & Science Center

452 New Providence Road, Mountainside

Saturday, May 18th

2:00PM – 4:00PM

Presentations on astronomy suitable for the entire family. Children’s activities.

8:00PM – 10:00PM

Presentations on the night sky followed by observing through AAI’s telescopes & binoculars.

Pre-Registration recommended, walk-ins welcome.

Hosted by Amateur Astronomers, Inc.

www.asterism.org

Mini-Golf Madness

CAU EVENT

Hosted by the Westfield United Fund

Hyatt Hills Mini Golf Course

Clark, NJ

Saturday, May 11th

12:00PM – 5:00PM

Rain or Shine

Come play a round of mini-golf and support the Westfield United Fund!

All players will be eligible to win prizes!

Refreshments will be sold throughout the day.

Members \$15

Non-Members \$19

Spots Available: 20



Game Night

Community Access Unlimited

88 West Grand Street, Elizabeth

Café

CAU EVENT

Gather your friends and come out for a night of your favorite games!

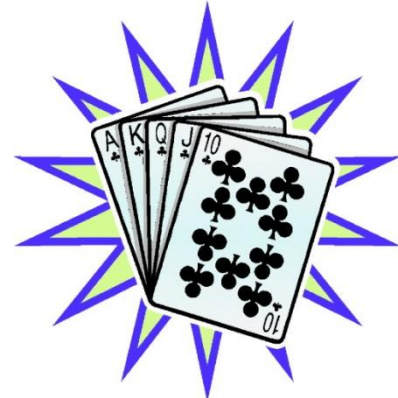
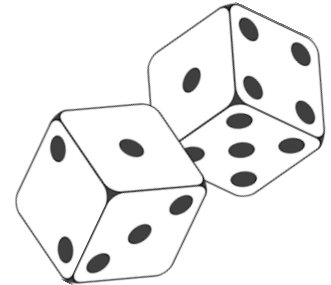
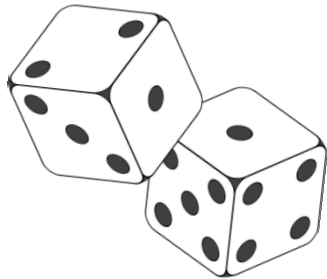
Friday, May 17th

6:00PM – 7:30PM

Members \$15

Non-Members \$19

Seats Available: 12





Reading/Writing Class

Community Access Unlimited
88 West Grand Street, Elizabeth
Front Room

CAU EVENT

Mondays
May 6th, 13th & 20th
June 3rd, 10th, 17th & 24th
6:30PM – 7:30PM



Learn basic reading and writing skills and earn an appreciation of English literature, including poetry and short stories.

Members \$15
Non-Members \$19
Seats Available: 7

Union Township Garden Club

Union Municipal Building - Bonnel Room
1976 Morris Ave, Union

Union Township Garden Club was established in 1980. Our meetings are FREE and open to the public. Refreshments are served. We frequently have guest speakers to enrich our gardening education. Please join us for a fun evening of getting to know your neighbors and learning about your passion. WE have a busy, exciting year planned with lots of community projects.

Always seeking new members!!

Meets the first Wednesday of the month.

May 1st

June 5th

7:00PM – 9:00PM



**The Union County Master Gardeners'
Annual Spring Garden Fair and Plant Sale**

Trailside Nature & Science Center
452 New Providence Road, Mountainside

Sunday, May 19th
12:00PM – 5:00PM

FREE



Featuring lectures, displays, plant and insect ID, garden tour, and children's activities. Items for sale will include vegetables, annuals, usual perennials, houseplants, herbs and shrubs.

Menlo Park Mall

CAU EVENT

*Love to shop??
Join your friends and spend the afternoon at
your favorite stores!*

Sunday, June 23rd
12:00PM – 5:00PM

Members \$10
Non-Members \$14

Seats Available: 12



Sing Along Karaoke

CAU EVENT

Community Access Unlimited
80 West Grand Street, Elizabeth
Café

May 29th
6:00PM – 8:00PM



Sing the night away with your favorite tunes and friends cheering you on!

Members \$25
Non-Members \$29

Seats Available: 12





Pet Adoption Volunteers

Friends of Linden Animal Shelter
Range Road, Linden

Friends of Linden Animal Shelter is looking for responsible, dependable people who are willing to help with fundraising, off site adoption functions, walking dogs and socializing cats. It’s not just about cleaning cages! Foster opportunities are also available. You must be at least 18 years old to volunteer and have your own health insurance.

If you would like to be a volunteer, please email folasinfo@gmail.com
For more information, visit www.folas.org

Mural Artists

Jersey Cares

494 Broad Street, Suite 103, Newark
www.jerseycares.force.com/mural_artist

The Jersey Cares Mural Artist Program engages local artists in community service by granting them the opportunity to have their artistry displayed in nonprofit agencies, schools and community centers throughout New Jersey.

Sketching can be done according to your schedule in advance of the mural painting project. The Jersey Cares Staff will coordinate with agency partners to choose a convenient time for both of you.

Looking for:

- Dedicated artists with experience sketching/painting.
- Ability to travel to the project site.
- Students are welcome and encouraged to apply.



Complete the online application and send in samples of your work via email or directly to the Jersey Cares Mural Artist Program.

Reach Out And Read

Trinitas Regional Medical Center
65 Jefferson Avenue, Elizabeth
www.trinitashospital.org

*Do you love to read?
Would you like to make a difference in a child’s life?*

Trinitas Hospital participates in the national literacy program – REACH OUT AND READ. The goal of the program is to promote literacy among children between the ages of 6 months and five years. Please, offer to make a difference in a child’s life by hosting a story hour at the Pediatric Clinic.

YOU CAN MAKE A DIFFERENCE.

Must be at least 14.

If interested, contact Lisa Liss
908-994-5164



For more volunteer opportunities in your area, visit www.volunteermatch.org

MEMBER STORIES

STEVEN AGOLIA



Steven Agolia has been with Community Access Unlimited since 1988. He started in the Linden supervised apartment program and advanced to a supported living apartment program member in 1995.

Steven started working as a cook in the cafeteria in 1997 and enjoyed his job there for five years. He and two of his peers started the CAU Chat Center in 2002 where he is currently employed. The Chat Center was started as a place in the CAU office where Steven and his fellow members can call in to ask questions about voting, recreation, employment and the agency. Members also have the opportunity to relax and socialize with each other in the Chat Center.

Steven has been an active member in the Self Advocacy Committee since 1990 and has held many positions in the Helping Hands advocacy group, which is the oldest and strongest self advocacy group in New Jersey. He has held such positions in the past as recording secretary, Sergeant of Arms, and treasurer. He takes pride in being able to provide assistance to others in need, be it in the agency or out in the community.

He is a faithful church attendee, loves spending time with his family and friends and enjoys making others feel special. For holidays and birthdays, Steven is sure to give a greeting card to say “Happy Birthday” or “Happy Holidays”. Steven is committed to his goals of one day becoming a kindergarten teacher and building a family of his own.

When asked what he is most proud of about himself, he responded, “Community Access has helped me become a better person. What was once a dark era in my life has become full of light”.

*Are you a CAU member with a community inclusion story to share? Send your stories and photos to
Alyson Monaco – Community Integration Coordinator
80 West Grand St., Elizabeth, NJ 07202 * amonaco@caunj.org*

MEMBER STORIES

EUGENE MILLER



Eugene moved into ECS-Roselle in October of 2010. His transition was relatively difficult in the beginning, considering the traumatic events that he has faced throughout his life. Despite many setbacks, Eugene has managed to maintain a positive outlook while keeping a sense of humor. Over the years he has had a few volunteer opportunities which helped boost his confidence. He has participated in a music festival in Bloomfield as well as the Adopt-A-Park Program of Union County which is directly responsible for the replenishment of the “Green Space” in our community. Spring 2012 he also assumed the responsibility of Trail Maintenance along the lake of Warinanco Park for the restoration project. Additionally, his DJ services have been requested by Five Star Adult Medical Day Care on a monthly basis!

Eugene began attending the Visual Arts Center of NJ in Summit during the Winter Session of 2013. He immediately began to form meaningful relationships with his instructor and classmates. He became a member of the institution in February 2013 and has been asked to display some of his work during the spring/summer exhibition. He gladly accepted and is looking forward to the event. During this brief period he has managed to leave a lasting impression on those who have viewed his work at the center, giving testament to the fact that people with disabilities have endless strengths and undeniable talent.

Becoming an integral part of his community has made a significant impact on Eugene’s self esteem and outlook on life. He gains a sense of pride knowing that he has something to offer this world which no one can deliver quite like Eugene “DJ Roscoe” Miller!

*Are you a CAU member with a community inclusion story to share? Send your stories and photos to
Alyson Monaco – Community Integration Coordinator
80 West Grand St., Elizabeth, NJ 07202 * amonaco@caunj.org*

CAU RECREATION GUIDELINES

ALL members and non-members are required to sign up and pay in advance.

Space is limited, so sign up quickly!!

The Monthly Event/Class Sign-Up Worksheet must be attached with payment.

<u>MEMBERS</u>	<u>NON-MEMBERS</u>
1) Contact your primary counselor or Program Assistant Director.	
2) Check the availability of the event/class by calling (908)354-3040 and speaking to the Community Integration Coordinator – Ext.216	
3) Fill out the Monthly Recreation Sign-Up Worksheet and show it to your primary counselor or Program Assistant Director, who will then register you for the events/classes you have paid for.	
4) Complete the Monthly Event/Class Sign-Up Worksheet and return with payment to: <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p>Community Access Unlimited Attn: Recreation 80 West Grand Street Elizabeth, NJ 07202</p> <p><i>*Please make a copy of both for your records*</i></p> </div> <div style="border: 2px solid green; border-radius: 50%; padding: 10px; background-color: #c8e6c9; text-align: center;"> <p>For all <u>Non-Members</u> the cost will be an additional \$4 per person</p> </div> </div>	
5) When attending a recreation event, please meet in the Chat Center (80 West Grand St., Elizabeth) at the designated time. If you are attending a class, please meet at the class location.	
6) If you are unable to attend an event/class, notify the Recreation Department at least 10 business days in advance in order to receive a refund or credit. If the Recreation Department is NOT notified, no refund or credit will be provided. No refunds or credit will be given for events with pre-purchased tickets (ex: vacations, plays, sporting events, etc.)	

If you are interested in becoming a CAU Recreational Member please call for an application.

MAY CAU RECREATION SIGN-UP WORKSHEET

Please return this form with payment to: Community Access Unlimited 80 West Grand St., Elizabeth, NJ 07202

Full Name(s): _____

Today's Date: _____

Address: _____

Phone: _____

Email: _____

CAU Program (if applicable): _____

Date(s)	Event/Class	Time	Member Cost	Non-Member Cost	# of Non-Members	Total
5/1	Olive Garden	6:00PM-8:00PM	\$35	\$39		\$
5/2	Bowling	6:00PM-8:00PM	\$15	\$19		\$
5/3	Movie Night	6:00PM-9:00PM	\$25	\$29		\$
5/4	Tropicana Diner	10:00AM-12:00PM	\$30	\$34		\$
5/5	Bowling	2:00PM-4:00PM	\$15	\$19		\$
5/6	Zumba	5:30PM-6:30PM	\$10	\$14		\$
5/6	Reading/Writing Class	6:30PM-7:30PM	\$15	\$19		\$
5/7	Helping Hands *Your first meeting is FREE*	6:00PM-8:00PM	\$2	\$2		\$
5/7	Knitting & Crochet Social Club	5:00PM-7:00PM	\$10	\$14		\$
5/8	Art Class	6:00PM-8:00PM	\$15	\$19		\$
5/8	Computer Class	6:00PM-7:00PM	\$16	\$20		\$
5/9	Glee Club	6:00PM-7:30PM	FREE	FREE		\$
5/10	Murder Mystery Masquerade Ball	6:00PM-9:00PM	\$20	\$24		\$
5/11	Mini-Golf Madness	12:00PM-5:00PM	\$15	\$18		\$
5/12	The Music Man	1:00PM-4:00PM	\$35	\$39		\$
5/13	Reading/Writing Class	6:30PM-7:30PM	\$15	\$19		\$
5/14	Buffalo Wild Wings	6:00PM-8:00PM	\$35	\$39		\$
5/15	Red Lobster	6:00PM-8:00PM	\$45	\$49		\$
5/16	Bowling	6:00PM-8:00PM	\$15	\$19		\$
5/16	Sign Language Club	6:00PM-7:30PM	FREE	FREE		\$
5/17	Game Night	6:00PM-7:30PM	\$15	\$19		\$
5/18	Sunrise Diner	10:00AM-12:00PM	\$30	\$34		\$
5/19	Bowling	2:00PM-4:00PM	\$15	\$19		\$
5/20	Reading/Writing Class	6:30PM-7:30PM	\$15	\$19		\$
5/21	Cheesecake Factory	6:00PM-8:00PM	\$45	\$49		\$
5/22	Art Class	6:00PM-8:00PM	\$15	\$19		\$
5/22	Computer Class	6:00PM-7:00PM	\$16	\$20		\$
5/23	Glee Club	6:00PM-7:30PM	FREE	FREE		\$
5/24	Movie Night	6:00PM-9:00PM	\$25	\$29		\$
5/25	IHOP	10:00AM-12:00PM	\$30	\$34		\$
5/26	Memorial Day BBQ	11:00AM-3:00PM	\$20	\$24		\$
5/28	Trenton Thunder	6:00PM-10:00PM	\$20	\$24		\$
5/29	Sing Along Karaoke	6:00PM-8:00PM	\$25	\$29		\$
5/30	Bowling	6:00PM-8:00PM	\$15	\$19		\$
5/31	Speed Dating	6:00PM-8:00PM	\$25	\$29		\$
GRAND TOTAL: \$						_____

Payment Details (Check one box): Check # _____ Money Order Cash

*Make checks and Money Orders out to - **Community Access Unlimited** and include the following:*

Name of Event/Class Date of Event/Class Full Name of Attendee

JUNE CAU RECREATION SIGN-UP WORKSHEET

Please return this form with payment to: Community Access Unlimited 80 West Grand St., Elizabeth, NJ 07202

Full Name(s): _____

Today's Date: _____

Address: _____

Phone: _____

Email: _____

CAU Program (if applicable): _____

Date(s)	Event/Class	Time	Member Cost	Non-Member Cost	# of Non-Members	Total
6/1	Tropicana Diner	10:00AM-12:00PM	\$30	\$34		\$
6/2	Bowling	2:00PM-4:00PM	\$15	\$19		\$
6/3	Reading/Writing Class	6:30PM-7:30PM	\$15	\$19		\$
6/4	Helping Hands *Your first meeting is FREE*	6:00PM – 8:00PM	\$2	\$2		\$
6/5	Computer Class	6:00PM-7:00PM	\$16	\$20		\$
6/6	Glee Club	6:00PM-7:30PM	FREE	FREE		\$
6/7	Movie Night	6:00PM-9:00PM	\$25	\$29		\$
6/8	Tiffany's	6:00PM-8:00PM	\$35	\$39		\$
6/9	Adventure Aquarium	10:00AM-5:00PM	\$45	\$49		\$
6/10	Knitting & Crochet Social Club	5:00PM-7:00PM	\$10	\$14		\$
6/10	Reading/Writing Class	6:30PM-7:30PM	\$15	\$19		\$
6/11	Applebees	6:00PM-8:00PM	\$35	\$39		\$
6/12	Art Class	6:00PM-8:00PM	\$15	\$19		\$
6/13	Bowling	6:00PM-8:00PM	\$15	\$19		\$
6/13	Sign Language Club	6:00PM-7:30PM	FREE	FREE		\$
6/14	Prom Night	5:00PM-9:00PM	\$25	\$29		\$
6/15	Sunrise Diner	10:00AM-12:00PM	\$30	\$34		\$
6/16	Bowling	2:00PM-4:00PM	\$15	\$19		\$
6/17	Zumba	5:30PM-6:30PM	\$10	\$14		\$
6/17	Reading/Writing Class	6:30PM-7:30PM	\$15	\$19		\$
6/18	Newark Bears	5:30PM – 9:30PM	\$15	\$19		\$
6/19	Computer Class	6:00PM-7:00PM	\$16	\$20		\$
6/20	Glee Club	6:00PM-7:30PM	FREE	FREE		\$
6/21	Movie Night	6:00PM-9:00PM	\$25	\$29		\$
6/22	IHOP	10:00AM-12:00PM	\$30	\$34		\$
6/23	Menlo Park Mall	12:00PM-5:00PM	\$10	\$14		\$
6/24	Reading/Writing Class	6:30PM-7:30PM	\$15	\$19		\$
6/25	Red Lobster	6:00PM-8:00PM	\$45	\$49		\$
6/26	Art Class	6:00PM-8:00PM	\$15	\$19		\$
6/27	Bowling	6:00PM-8:00PM	\$15	\$19		\$
6/28	Beauty and the Beast Jr.	7:30PM-9:00PM	\$10	\$10		\$
6/29	Beauty and the Beast Jr.	7:30PM-9:00PM	\$10	\$10		\$
6/30	Beauty and the Beast Jr.	2:00PM-4:00PM	\$10	\$10		\$

GRAND TOTAL: \$ _____

Payment Details (Check one box): Check # _____ Money Order Cash

*Make checks and Money Orders out to - **Community Access Unlimited** and include the following:*

Name of Event/Class Date of Event/Class Full Name of Attendee

CAU RECREATION CALENDAR



MAY 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Olive Garden	2 Bowling	3 Movie Night	4 Tropicana Diner
5 Bowling	6 *Zumba *Reading/Writing Class	7 *Helping Hands *Knitting/Crochet Club	8 *Art Class *Computer Class	9 Glee Club	10 Murder Mystery Masquerade Ball	11 Mini-Golf Madness
12 The Music Man	13 Reading/Writing Class	14 Buffalo Wild Wings	15 Red Lobster	16 *Sign Language Club *Bowling	17 Game Night	18 Sunrise Diner
19 Bowling	20 Reading/Writing Class	21 Cheesecake Factory	22 *Art Class *Computer Class	23 Glee Club	24 Movie Night	25 IHOP
26 Memorial Day BBQ	27 Memorial Day	28 Trenton Thunder	29 Sing Along Karaoke	30 Bowling	31 Speed Dating	

JUNE 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Tropicana Diner
2 Bowling	3 Reading/Writing Class	4 Helping Hands	5 Computer Class	6 Glee Club	7 Movie Night	8 Tiffany's
9 Adventure Aquarium	10 *Reading/Writing Class *Knitting/Crochet Club	11 Applebees	12 Art Class	13 *Sign Language Club *Bowling	14 Prom Night	15 Sunrise Diner
16 Bowling	17 *Zumba *Reading/Writing Class	18 Newark Bears	19 Computer Class	20 Glee Club	21 Movie Night	22 IHOP
23 Menlo Park Mall	24 Reading/Writing Class	25 Red Lobster	26 Art Class	27 Bowling	28 Beauty and the Beast Jr.	29 Beauty and the Beast Jr.
30 Beauty and the Beast Jr.						



Community Access Unlimited
80 West Grand Street
Elizabeth, New Jersey 07202-1447